

Driving and Spina Bifida

ADED – The Association for Driver Rehabilitation Specialists

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Common factors that can affect safe driving:

- Limited range of motion and strength
- Difficulty with coordinated movements
- Visual impairments
- Trouble scanning or tracking quickly
- Learning difficulties
- Impaired judgment in complex situations
- Slow processing and reaction time



A driver rehabilitation evaluation will examine the strengths and weaknesses of each individual as related to the driving task. The goal is independent, safe driving. No modifications or vehicle selection should be made until the person has completed a driver evaluation.

The assessment should include:

- Vision
- Perception
- Coordination
- Functional ability
- Behind-the-wheel evaluation

If you or someone you know is having difficulty, a driver evaluation may be indicated. A driver rehabilitation specialist can provide a comprehensive evaluation to determine one’s ability to drive.

